



## Camp Lutherhoma Summer 2022

### Information Sheet

Memorial Day Work Weekend: May 27-29, 2022

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918-458-0704.

Dear Families,

Thank you for registering for Work Weekend at Camp Lutherhoma. I appreciate your willingness to help clean and prepare camp for our summer season. We look forward to seeing you at camp!

In Christ,

John Busch, Camp Director

#### Packing List:

- Bedding- Each participant needs to bring their own pillow and bedding, either a sleeping bag or sheets and blankets.
- Durable, comfortable play/work clothes, nothing dressy.
- Close-toed shoes- In order to avoid injuries to the feet, we prefer that all participants wear close-toed shoes only.
- Sandals- for walking to and from the pool or bathhouse.
- Toiletries including shampoo, body wash, deodorant, toothbrush, toothpaste, hair brush.
- Swim suit (pool will be open in the late afternoon)
- Pool towel and shower towel.
- Sunscreen and bug spray.
- Bible- any translation is fine.

#### What to expect at Work Weekend

Meals are served at 8am, noon, and 5:30pm in the Dining Hall. On Saturday morning some work projects will be explained. All work projects are written on small slips of paper with information about the location and a description of the task. Families or individuals can select a project that fits their abilities. Once your project is complete you can select another project. The main goal is to agree to finish any project you begin and clean up after yourself. Camp staff will be available to answer any questions.

We will provide needed materials and tools for all projects. You are welcome to bring your own tools as you would like. Camp is not responsible for any personal tools that are lost or broken.

In the late afternoon the pool will open and Camp Lutherhoma lifeguards will be on duty. Recreational activities and games are also available in the evenings. The camp store will be open throughout the weekend for purchases.

#### Medication, Insurance, and Health Form

If you are an adult you can keep any medications with you for you and your family. Please be sure that medication is kept in a safe place. Camp Lutherhoma staff will be available to help with any first aid needs throughout the weekend.

Each individual is expected to have medical insurance with his/her family to cover accidents and illnesses. This information should be documented on your Health Form.

#### **To update a health form:**

1. Log in to your camp account at [www.lutherhoma.com](http://www.lutherhoma.com)
2. Click on the name of the child you want to update
3. Click My Forms, then Summer Health Form Camp Lutherhoma to review and make changes to the camper's health form

#### Check in and check out

You can arrive and depart as your schedule allows. Most families arrive Friday evening and depart Sunday evening. Please communicate your arrival and departure times with the camp staff so we can plan for meal counts. The first meal served is breakfast on Saturday and the last meal is dinner on Sunday.

When you arrive please visit the camp office so we can point you to your cabin and answer any questions you might have.

#### Work Weekend Schedule:

Friday- Arrive at camp by 6:00pm or later. Check in at the office.

#### Saturday

- 7:40 First Word
- 8:00 Breakfast
- Group meeting to explain work projects
- 9:30 Begin Work Projects
- 12:00 Lunch
- 1:00 Work Projects
- 5:30 Dinner
- Work Projects or relax by the pool
- 8:30 S'mores at Rock Garden

#### Sunday

- 7:40 First Word
- 8:00 Breakfast
- 9:00 Worship
- 10:00 Work Projects
- 12:00 Lunch
- 1:00 Work Projects
- Pool opens in late afternoon
- 5:30 Dinner
- Pack up and say goodbye!

## Camp Lutherhoma Packing List

### Clothing

- 6 sets of shorts and T-shirts
- Socks (pack extra!)
- Underwear
- Pajamas
- Closed-toe shoes (required)
- Sandals for shower and pool
- Rain jacket
- Swimsuit (no bikinis or speedos)
- Laundry bag for dirty clothes
- River Shoes- Campers who signed up for Rafting, Kayaking, or Wilderness need a pair of well-fitting water shoes or an old pair of tennis shoes for activities in the Illinois River. Crocs are not acceptable. While rafting and kayaking campers will wear a t-shirt with their swimsuits to prevent sunburn.

### Cabin Items

- Sleeping bag or sheets and blanket for twin bed
- Pillow with pillowcase
- Bath towel and Pool towel
- Toiletries: shampoo, soap, deodorant, toothbrush & toothpaste
- Comb or hairbrush
- Toiletry bag- campers will carry these items to and from the bathhouse each day
- Sunscreen
- Bug spray
- Flashlight
- Bible (any translation is fine)

### Optional Items

- Sunglasses
- Hat with brim
- Notebook and pen
- Book for rest time

### Packing Tips

- When packing your clothes, especially swimsuits, please consider that as Christians we need to be modest with our appearance. Campers should avoid clothing that is immodest or revealing as well as clothing that could be offensive in language or graphics.
- Expect clothes to get dirty at camp, so don't bring anything too nice!
- Avoid mix-ups by labeling all items with your camper's name.
- **Please leave at home:** cell phones, radios, electronic devices, tablets, jewelry, cash, or other valuables. Campers should not bring cigarettes, tobacco products, alcohol, knives, or weapons.